



NEWSTEAD WOOD SCHOOL

"creating opportunities for success"



26 February 2025

Dear Parents/Carers,

Year 8 Residential Trip to Cuffley Camp & Activity Centre – 14-15 July 2025

I am sure you are excited to find out more about the Year 8 Newstead Wood School Summer Camp at Cuffley Camp & Activity Centre, Tolmers Road, Cuffley, Hertfordshire, EN6 4JS. Please find details below.

Activities

Set in over 100 acres of beautiful woodland, the natural setting of Cuffley Activity Learning Centre promotes development and growth through engaging outdoor activities.

Students will enjoy archery, abseiling, rock climbing, obstacle courses and a range of other outdoor adventure activities. All of this is undertaken under the supervision of experienced instructors.

Menu

The menu will be adapted according to dietary requirements of the group. Most meals will be "deconstructed" so students can have the parts they want; this also helps us cater for dietary needs. For example, the vegetable stir-fry and the noodles will be cooked separately, and the chicken and sauces will be added after by the participants, so they can choose what they want on it.

Students should bring their own packed lunch for the first day.

This two-day, one night camping trip is a fantastic opportunity for students to learn camping skills and outdoor education in a safe setting. The site has a fully plumbed toilet block with toilets, running water and showers.

The provider company for this is Cuffley ALC. They are an LOTC certified company, which provides the highest level of safety and competency in the UK, certified by UK governing bodies. This is the link to their website:

[About ALC - Active Learning Centres](#)

It is important that staff have up to date contact information for your daughter, should we need to contact you during the trip (or at any time during school hours). We also require all relevant **Medical and Dietary Information**. To ensure trip safety, we take all emergency contact and medical information from the school database. **Please check the Arbor app** and update the school with any changes, as a priority.

Headteacher: Mr Alan Blount, MA, BSc, QTS

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Newstead Wood School
Avebury Road
Orpington
Kent

t: 01689 853626

e: office@newsteadwood.co.uk

w: newsteadwood.co.uk



Drop off and pick-up:

The drop-off and pick-up point for the trip will be at the Sainsbury Locksbottom car park (**Pallant Way, Orpington BR6 8NZ**) and not at the school. The students will be made aware of their coach number, and they should line up with their designated coach lead on the day to be registered. Please make a note of this to ensure a smooth start and end to the trip.

Drop-off is on Monday 14 July

8.00am N and W (Coach 1)

8.20am S and F (Coach 2)

8.40am G and P (Coach 3)

Pick up is on Tuesday 15 July

4.00pm N and W

4.20pm S and F

4.40pm G and P

If you require any additional information regarding this trip, have any questions or do not wish for your daughter to take part, please contact me at mbournat@newsteadwood.co.uk.

Thank you for your continued support.

Yours sincerely,



Mr M Bournat
Assistant Headteacher

KIT LIST

Equipment:

Students must prepare for this trip by having a sleeping bag, sleeping mat, waterproof clothing, a warm hat and a torch, preferably a head torch. Please see the kit list below.

- Sleeping Bag and pillow
- Overnight Bag / Rucksack (No suitcases, please!)
- Toiletries, personal hygiene items and towels
- Torch (head or hand)
- Mug, knife, fork and spoon.
- Boots and a change of appropriate footwear (no flipflops / crocs)
- Appropriate clothing for two days (check the weather forecast!)
- Reading material if required
- Personal snacks (no fizzy drinks!)

Tents are provided. Students will have to carry their own equipment, so please be mindful of how much they are bringing.

Please note: It is not advised that students bring mobile phones or any other electrical equipment. Newstead Wood School will accept no responsibility for any loss or damage to personal electrical equipment during this trip and all such items are brought at the owner's risk.